



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Schmidt, MArio

Club: HSV Weimar Triathlon

Number: 196

Course: 12.00 km

12 km-Lauf

Category:

Männer M45

Total time: 1:15:11

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course/Total: 145 (of 186)

Rank in course/Men: 130 (of 154)

Best time in course: 47:00

Rank in category: 24 (of 28)

Best time in the category: 54:58