



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Berner, Roland

Club: LG Bad Frankenhausen

Number: 124

Course: 12.00 km

12 km-Lauf

Category:

Männer M50

Total time: 1:15:24

Speed: 9.55 km/h

Running performance: 6:17 min/km

Rank in course/Total: 147 (of 186)

Rank in course/Men: 132 (of 154)

Best time in course: 47:00

Rank in category: 17 (of 18)

Best time in the category: 55:14