



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Beau, Rene

Club: Team Erdinger Alkoholfrei
Number: 328

Course: 42.18 km
Marathon

Category:
Männer M45

Total time: 4:25:54

Speed: 9.52 km/h
Running performance: 6:18 min/km

Rank in course/Total: 129 (of 305)

Rank in course/Men: 121 (of 271)

Best time in course: 3:01:21

Rank in category: 30(of 57)

Best time in the category: 3:07:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:49	3:38	22	0:40	101	0:40	0.50	1:49	3:38	8		93	
Runde	3.47	19:12	5:31	30	5:41	119	5:41	3.97	21:01	5:17	8		141	
Runde	3.47	19:28	5:36	27	5:12	115	5:14	7.44	40:29	5:26	7	0:09	139	
Runde	3.47	20:20	5:51	36	17:11	149	17:11	10.91	1:00:49	5:34	7	1:14	138	
Runde	3.47	20:30	5:54	33	5:38	139	6:09	14.38	1:21:19	5:39	7	2:03	136	
Runde	3.47	21:47	6:16	36	6:59	170	7:22	17.85	1:43:06	5:46	7	3:13	135	9:04
Runde	3.47	21:45	6:16	33	6:49	151	7:10	21.32	2:04:51	5:51	7	3:23	134	37:43
Runde	3.47	21:07	6:05	24	5:57	97	6:35	24.79	2:25:58	5:53	7	1:19	134	43:55
Runde	3.47	21:27	6:10	21	5:37	87	7:02	28.26	2:47:25	5:55	5		129	50:08
Runde	3.47	22:50	6:34	23	6:36	110	7:51	31.73	3:10:15	5:59	5		127	56:44
Runde	3.47	24:48	7:08	30	8:06	138	9:21	35.20	3:35:03	6:06	5		123	1:00:53
Runde	3.47	26:25	7:36	33	9:08	162	10:33	38.67	4:01:28	6:14	5		122	1:16:20
Finish	3.47	24:26	7:02	24	7:01	122	8:50	42.18	4:25:54	6:18	30	1:18:51	121	1:24:33