



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Wendland, Marcell

Club: RSG Nordheide
 Number: 313

Course: 61.20 km
 Langdistanz

Category:
 Masters männlich

Total time: 2:24:23

Speed: 25.35 km/h

Rank in course/Total: 8 (of 30)

Rank in course/Men: 8 (of 27)

Best time in course: 2:09:18

Rank in category: 4(of 8)

Best time in the category: 2:17:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	37:58	25.29	5	1:52	10	4:18	16.30	37:58	25.29	4	1:52	20	
Lap 2	20.40	49:03	24.46	5	3:32	12	48:59	36.70	1:27:01	24.82	4	5:23	20	
Lap 3	20.40	48:40	24.66	3	1:46	5	4:25	57.10	2:15:41	25.21	4	7:09	19	
Last lap Finish	4.10	8:42	27.59	1	-	2	0:19	61.20	2:24:23	25.35	4	6:54	8	15:05