



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Behrens, Olaf

Club: LC Diabü Eschenburg

Number: 275

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:17:02

Speed: 9.11 km/h

Running performance: 6:35 min/km

Rank in course/Total: 203 (of 346)

Rank in course/Men: 166 (of 239)

Best time in course: 51:11

Rank in category: 20(of 23)

Best time in the category: 55:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	16:01	5:20	21	5:06	195	5:35	3.00	16:01	5:20	21	5:06	195	5:35
Lap 2	1.00	6:17	6:16	21	1:50	186	2:16	4.00	22:18	5:34	21	6:56	192	7:51
Lap 3	1.00	6:23	6:23	21	1:50	178	2:17	5.00	28:41	5:44	21	8:46	192	10:08
Lap 4	1.00	7:16	7:15	21	2:08	180	2:37	6.00	35:57	5:59	21	10:54	188	12:45
Last lap Hermann	2.60	17:00	6:32	19	4:39	159	5:31	8.60	52:57	6:09	21	15:33	177	18:16
vor der Schiene	2.63	20:58	7:58	19	5:48	151	7:16	11.23	1:13:55	6:34	20	21:21	168	24:56
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:07	6:55	17	0:42	141	0:59	11.70	1:17:02	6:35	20	22:02	168	1:17:02