



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Dieter Kary

Total time: 1:14:09

Number: 218

Course: 25.50 km

Rank in course/Total: 64 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 59 (of 210)

Best time in course: 59:54

Category:

Rank in category: 1(of 4)

Senioren 7 (TM 70)

Best time in the category: 1:14:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:42	21:23	1	-	76	2:54	0.50	10:42	21:23	1	-	211	2:54
Wechsel S -> R	-	2:17	-	1	-	41	0:56	0.50	12:59	25:57	1	-	61	3:12
Schwimmen Total	0.50	12:59	25:57	1	-	61	3:12	0.50	12:59	25:57	1	-	61	3:12
Rad netto	20.00	36:35	1:49	1	-	78	12:22	20.50	49:34	2:25	1	-	211	8:25
Wechsel R -> L	-	0:56	-	1	-	63	0:30	20.50	50:30	2:27	1	-	211	8:35
Rad Total	20.00	37:31	1:52	1	-	77	11:54	20.50	50:30	2:27	1	-	211	8:35
Lauf Ziel	5.00	23:39	4:43	1	-	71	5:40	25.50	1:14:09	2:54	1	-	59	14:15