



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Hornig, Sandra

Total time: 1:08:13

Club: TV Gross-Zimmern

Number: 284

Course: 25.50 km

Rank in course/Total: 48 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 3 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 2(of 13)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:04:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Women	Behind Women	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	7:45	3.87	1	-	1	-	0.50	7:45	3.87	8		10	
Rad	20.00	37:49	31.73	1	-	1	-	20.50	45:34	26.99	7		8	
Lauf	5.00	22:39	13.25	1	-	2	0:07	25.50	1:08:13	22.43	2	3:44	3	3:44