



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Jahn, Henry

Club: SV Bad Düben
Number: 89

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:28:03

Speed: 6.91 km/h
Running performance: 8:41 min/km

Rank in course/Total: 192 (of 272)

Rank in course/Men: 164 (of 232)

Best time in course: 8:54:18

Rank in category: 50(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:20:41	7:19	40	1:11:00	127	1:11:00	27.39	3:20:41	7:19	33		174	1:11:00
Floh-Seligenthal	27.74	3:49:44	8:16	55	1:27:42	183	1:30:27	55.13	7:10:25	7:48	33	4:05	176	2:38:42
Finsterbergen	22.03	3:40:16	9:59	53	1:28:02	177	1:33:48	77.16	10:50:41	8:25	19		170	4:06:44
Fröttstädt	22.84	3:37:22	9:31	44	1:27:01	145	1:33:42	100.00	14:28:03	8:40	50	5:33:45	164	5:33:45