



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Günsche, Herbert

Club: Nordic Walking Team SV Weidenberg
Number: 941

Course: 30.00 km
Nordic Walking 30km

Category:
Nordic Walking Männer

Total time: 3:31:13

Speed: 8.52 km/h
Running performance: 7:02 min/km

Rank in course/Total: 1 (of 3)

Rank in course/Men: 1 (of 3)

Best time in course: 3:31:13

Rank in category: 1(of 3)

Best time in the category: 3:31:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß Kontrolle	18.00	2:07:03	7:03	1	-	1	-	18.00	2:07:03	7:03	1	-	1	-
Festplatz	8.00	1:24:10	10:31	1	-	1	-	30.00	3:31:13	7:02	1	-	1	-