



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Hupfeld, Tanja

Club: LG Göttingen

Number: 105

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:18:43

Speed: 8.92 km/h

Running performance: 6:44 min/km

Rank in course/Total: 217 (of 346)

Rank in course/Women: 43 (of 107)

Best time in course: 58:28

Rank in category: 7(of 16)

Best time in the category: 1:08:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	15:20	5:06	7	1:57	46	3:01	3.00	15:20	5:06	7	1:57	46	3:01
Lap 2	1.00	6:09	6:09	8	0:54	44	1:21	4.00	21:29	5:22	7	2:51	46	4:22
Lap 3	1.00	6:33	6:32	8	1:02	49	1:44	5.00	28:02	5:36	7	3:53	46	6:06
Lap 4	1.00	7:24	7:24	7	1:07	44	2:00	6.00	35:26	5:54	8	5:00	47	8:04
Last lap Hermann	2.60	18:11	6:59	7	2:36	43	5:00	8.60	53:37	6:14	8	7:36	46	13:04
vor der Schiene	2.63	21:49	8:17	6	2:57	36	6:22	11.23	1:15:26	6:43	7	10:11	43	19:26
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:17	7:17	6	0:31	38	0:49	11.70	1:18:43	6:43	7	10:29	44	1:18:43