



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Nickel, Andreas

Total time: 1:15:53

Club: SAP AG

Number: 5

Course: 25.50 km

Rank in course/Total: 125 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 115 (of 240)

Best time in course: 57:33

Category:

Rank in category: 30(of 46)

männl. AK 4 (TM 35-39)

Best time in the category: 57:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:43	2.80	14	3:08	56	3:08	0.50	10:43	2.80	30	0:56	8	1:58
Rad	20.00	40:00	30.00	10	4:11	31	4:11	20.50	50:43	24.25	26	2:38	10	3:06
Lauf	5.00	25:10	11.92	18	4:34	75	5:47	25.50	1:15:53	20.16	30	18:12	115	18:20