



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Nickel, Andreas

Total time: 1:15:53

Club: SAP AG

Number: 5

Course: 25.50 km

Rank in course/Total: 125 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 115 (of 240)

Best time in course: 57:33

Category:

Rank in category: 30(of 46)

männl. AK 4 (TM 35-39)

Best time in the category: 57:41

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|-------|-------|------|--------|-----|--------|-------|---------|-------|------|--------|-----|--------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Schwimmen | 0.50 | 10:43 | 2.80 | 14 | 3:08 | 56 | 3:08 | 0.50 | 10:43 | 2.80 | 30 | 0:56 | 8 | 1:58 |
| Rad | 20.00 | 40:00 | 30.00 | 10 | 4:11 | 31 | 4:11 | 20.50 | 50:43 | 24.25 | 26 | 2:38 | 10 | 3:06 |
| Lauf | 5.00 | 25:10 | 11.92 | 18 | 4:34 | 75 | 5:47 | 25.50 | 1:15:53 | 20.16 | 30 | 18:12 | 115 | 18:20 |