



# 6. Lorsch Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

Siebel, Sabine

Total time: 1:16:05

Club: StartNet-Team DSW 12 Darmstadt  
Number: 263

Course: 25.50 km  
Lorsch Triathlon 0,5-20-5

Rank in course/Total: 128 (of 322)

Rank in course/Women: 11 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 1(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.50	10:31	2.85	6	1:07	9	2:46	0.50	10:31	2.85	14	0:15	12		
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-	-
Lauf	5.00	1:05:34	4.58	14	42:49	53	43:02	25.50	1:16:05	20.11	1	-	11	11:36	