



10. Schlaubetalmarathon
Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Rischow, Sabine

Club: Team Erdinger Alkoholfrei
Number: 1304

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic Walking Frauen

Total time: 2:47:03

Speed: 7.54 km/h

Rank in course/Total: 1 (of 8)

Rank in course/Women: 1 (of 5)

Best time in course: 2:47:03

Rank in category: 1(of 5)

Best time in the category: 2:47:03

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos | | Behind | | Total km | Total Time | Total km/h | Pos | | Behind | |
|--------------------|-------------|---------------|---------------|------|-------|--------|-------|-------------|---------------|---------------|------|-------|--------|-------|
| | | | | Cat. | Women | Cat. | Women | | | | Cat. | Women | Cat. | Women |
| Lap 1 | 10.60 | 1:21:14 | 7.39 | 1 | - | 1 | - | 10.60 | 1:21:14 | 7.39 | 1 | - | 1 | - |
| Last lap Inselhall | 10.50 | 1:25:49 | 6.99 | 3 | 1:17 | 3 | 1:17 | 21.10 | 2:47:03 | 7.54 | 1 | - | 1 | - |