



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

Detailed evaluation

Bräuer, Frank

Club: Lemgo

Number: 3

Course: 98.00 km

Langdistanz

Category:

Senioren I

Total time: 4:45:30

Speed: 20.60 km/h

Rank in course/Total: 9 (of 29)

Rank in course/Men: 9 (of 27)

Best time in course: 3:58:50

Rank in category: 4(of 11)

Best time in the category: 4:21:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	32:05	20.57	5	2:31	9	4:43	11.10	32:05	20.57	4	2:31	18	
Donnershagen (\	16.00	50:16	19.10	5	4:41	9	7:45	27.10	1:22:21	19.67	4	7:12	18	
Turm Silberborn	16.40	46:36	20.60	5	4:23	14	7:10	43.50	2:08:57	20.01	4	11:35	18	
Haus des Gastes	5.50	9:37	31.20	2	0:03	5	0:25	49.00	2:18:34	21.22	4	11:31	18	
Steinborn (VP1)	11.10	32:36	20.25	3	2:17	6	4:59	60.10	2:51:10	21.03	4	13:48	18	
Donnershagen (\	16.00	52:58	18.12	4	3:50	8	9:30	76.10	3:44:08	20.35	4	17:38	18	
Turm Silberborn	16.40	50:46	18.91	6	5:58	13	11:39	92.50	4:34:54	20.08	4	23:36	18	
Finish	5.50	10:36	28.30	6	1:12	13	1:12	98.00	4:45:30	20.60	4	23:43	9	46:40