



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Rohkohl, Sabine

Club: LSG 80 Schmückeläufer

Number: 138

Course: 12.00 km

12 km-Lauf

Category:

Frauen W45

Total time: 1:28:14

Speed: 8.16 km/h

Running performance: 7:21 min/km

Rank in course/Total: 180 (of 186)

Rank in course/Women: 32 (of 32)

Best time in course: 57:24

Rank in category: 9 (of 9)

Best time in the category: 1:05:07