



50. Brockenlauf

Ilseburg / 04.09.2021

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Röder, Fabian

□□: RADWERK Racing Wernigerode

□□: 368

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 2:08:03

□□: 12.28 km/h

□□□□: 4:53 min/km

□□□□□/□□□: 39 (of 467)

□□□□□/□: 38 (of 387)

□□□□□□: 1:40:22

□□□□□: 7 (of 59)

□□□□□□□: 1:47:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	16:33	5:00	12	2:53	58	4:02	3.30	16:33	5:00	12	2:53	58	4:02	
Schlüsie	3.10	17:39	5:41	12	3:07	51	4:35	6.40	34:12	5:20	11	6:00	54	8:36	
Hermannsklippe	2.60	14:51	5:42	10	2:11	39	3:30	9.00	49:03	5:26	11	8:11	50	12:06	
Brocken	3.10	24:21	7:51	9	4:28	45	6:34	12.10	1:13:24	6:03	10	12:28	48	18:40	
Eiserner Handwe	3.60	15:44	4:22	9	2:56	53	3:24	15.70	1:29:08	5:40	9	15:24	46	22:03	
Schlüsie	4.10	14:35	3:33	7	2:27	35	2:59	19.80	1:43:43	5:14	9	17:51	47	24:38	
Loddenke	3.10	11:37	3:44	5	1:29	18	1:42	22.90	1:55:20	5:02	9	19:20	43	26:09	
Ilseburg/Markt	3.30	12:43	3:51	3	1:34	16	1:55	26.20	2:08:03	4:53	7	20:54	38	27:41	