



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Bender, Julia

Total time: 1:22:50

Club: Östringen

Number: 265

Course: 25.50 km

Rank in course/Total: 211 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 39 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 5(of 12)

weibl. AK 2 (TW 25-29)

Best time in the category: 1:12:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:07	2.70	2	0:09	14	3:22	0.50	11:07	2.70	8	0:09	15	
Rad	20.00	45:05	26.62	1	-	20	7:16	20.50	56:12	21.89	6		12	
Lauf	5.00	26:38	11.26	1	-	19	4:06	25.50	1:22:50	18.47	5	10:10	39	18:21