



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Schlottag, Jens

Club: Emersleben
Number: 396

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:27:27

Speed: 10.66 km/h
Running performance: 5:38 min/km

Rank in course/Total: 133 (of 467)

Rank in course/Men: 124 (of 387)

Best time in course: 1:40:22

Rank in category: 14 (of 50)

Best time in the category: 1:43:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:44	5:40	18	5:05	157	6:13	3.30	18:44	5:40	18	5:05	157	6:13
Schlüsie	3.10	20:33	6:37	20	6:23	170	7:29	6.40	39:17	6:08	18	11:28	163	13:41
Hermannsklippe	2.60	17:44	6:49	17	5:51	157	6:23	9.00	57:01	6:20	18	17:19	163	20:04
Brocken	3.10	28:25	9:09	17	9:53	140	10:38	12.10	1:25:26	7:03	17	27:12	156	30:42
Eiserner Handwe	3.60	17:05	4:44	12	4:23	96	4:45	15.70	1:42:31	6:31	14	31:35	142	35:26
Schlüsie	4.10	16:39	4:03	11	4:32	113	5:03	19.80	1:59:10	6:01	14	36:07	138	40:05
Loddenke	3.10	13:44	4:25	11	3:42	117	3:49	22.90	2:12:54	5:48	14	39:49	131	43:43
Ilseburg/Markt	3.30	14:33	4:24	10	3:45	92	3:45	26.20	2:27:27	5:37	14	43:34	124	47:05