



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Wagner, Michael

Club: Harzer Ultra Running Team
Number: 17

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 10:10:22

Speed: 9.83 km/h
Running performance: 6:06 min/km

Rank in course/Total: 16 (of 272)

Rank in course/Men: 15 (of 232)

Best time in course: 8:54:18

Rank in category: 5(of 47)

Best time in the category: 9:33:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:39:38	5:49	7	15:48	24	29:57	27.39	2:39:38	5:49	30		18	29:57
Floh-Seligenthal	27.74	2:34:33	5:34	6	11:42	17	15:16	55.13	5:14:11	5:41	30		18	42:28
Finsterbergen	22.03	2:22:57	6:29	4	8:32	13	16:29	77.16	7:37:08	5:55	28		16	53:11
Fröttstädt	22.84	2:33:14	6:42	7	15:45	23	29:34	100.00	10:10:22	6:06	5	37:01	15	1:16:04