



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Bergmann, Martin

Club: Triathlon Team Hamburg
Number: 58

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:30:03

Speed: 10.48 km/h
Running performance: 5:44 min/km

Rank in course/Total: 156 (of 467)

Rank in course/Men: 145 (of 387)

Best time in course: 1:40:22

Rank in category: 21(of 66)

Best time in the category: 1:57:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:05	5:46	28	4:32	184	6:34	3.30	19:05	5:46	67	4:32	388	6:34
Schlüsie	3.10	19:47	6:22	20	4:09	138	6:43	6.40	38:52	6:04	67	8:41	388	13:16
Hermannsklippe	2.60	16:36	6:23	14	2:38	101	5:15	9.00	55:28	6:09	67	11:19	388	18:31
Brocken	3.10	27:24	8:50	17	4:45	116	9:37	12.10	1:22:52	6:50	67	16:04	388	28:08
Eiserner Handwe	3.60	19:39	5:27	36	6:01	208	7:19	15.70	1:42:31	6:31	67	22:05	388	35:26
Schlüsie	4.10	18:30	4:30	31	5:25	199	6:54	19.80	2:01:01	6:06	67	27:30	388	41:56
Loddenke	3.10	14:12	4:34	24	3:04	147	4:17	22.90	2:15:13	5:54	67	30:34	384	46:02
Ilseburg/Markt	3.30	14:50	4:29	18	2:28	105	4:02	26.20	2:30:03	5:43	21	33:02	145	49:41