



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

### Detailed evaluation

**Neumann, Frank**

Club: Wolfen  
Number: 196

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M45 (45-49 Jahre)

Total time: 15:33:47

Speed: 6.43 km/h  
Running performance: 9:20 min/km

Rank in course/Total: 222 (of 272)

Rank in course/Men: 192 (of 232)

Best time in course: 8:54:18

Rank in category: 41(of 47)

Best time in the category: 9:33:21

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:34:07	7:49	36	1:10:17	174	1:24:26	27.39	3:34:07	7:49	22	1:32	205	1:24:26
Floh-Seligenthal	27.74	3:51:11	8:20	41	1:28:20	189	1:31:54	55.13	7:25:18	8:04	22	24:16	205	2:53:35
Finsterbergen	22.03	3:52:58	10:34	40	1:38:33	193	1:46:30	77.16	11:18:16	8:47	21	51:16	199	4:34:19
Fröttstädt	22.84	4:15:31	11:11	42	1:58:02	199	2:11:51	100.00	15:33:47	9:20	41	6:00:26	192	6:39:29