



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Braunsberger, Katharina

Club: TSV Lelm

Number: 281

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:23:26

Speed: 8.41 km/h

Running performance: 7:08 min/km

Rank in course/Total: 245 (of 346)

Rank in course/Women: 52 (of 107)

Best time in course: 58:28

Rank in category: 5(of 11)

Best time in the category: 1:04:40

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.00	16:07	5:22	8	3:47	59	3:48	3.00	16:07	5:22	8	3:47	59	3:48
Lap 2	1.00	6:27	6:27	6	1:16	52	1:39	4.00	22:34	5:38	8	4:54	59	5:27
Lap 3	1.00	6:42	6:42	6	1:21	54	1:53	5.00	29:16	5:51	7	6:06	56	7:20
Lap 4	1.00	7:48	7:47	7	1:47	55	2:24	6.00	37:04	6:10	7	7:24	55	9:42
Last lap Hermann	2.60	18:59	7:18	5	4:11	55	5:48	8.60	56:03	6:31	5	11:18	53	15:30
vor der Schiene	2.63	23:50	9:03	7	6:35	55	8:23	11.23	1:19:53	7:06	5	17:53	52	23:53
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:33	7:53	8	0:53	59	1:05	11.70	1:23:26	7:07	5	18:46	53	1:23:26