



2. Schiller-Staffellauf 2010

Rudolstadt / 28.08.2010

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LENGEFELD LIVE RUNNERS

□□□: 10:02:42

□□: 20

□□: 10.08 km/h

□□□□: 5:57 min/km

□□: 101.30 km

Schiller-Staffel

□□□□□: 25 (of 32)

□□□□□□: 6:55:23

□□□□:

□□□□□: 21 (of 25)

Männer

□□□□□□□: 6:55:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.10	1:27:00	5:05	7	11:38	8	11:38	17.10	1:27:00	5:05	8	11:38	9	11:38
Maua	22.50	2:15:32	6:01	24	41:34	28	41:34	39.60	3:42:32	5:37	8	53:12	9	53:12
Magdala	13.50	1:17:07	5:42	19	22:22	21	23:53	53.10	4:59:39	5:38	8	1:15:34	9	1:15:34
Belvedere	11.00	1:07:32	6:08	21	26:23	27	26:23	64.10	6:07:11	5:43	8	1:41:57	9	1:41:57
Blankenhain	13.30	1:28:18	6:38	19	33:50	23	33:50	77.40	7:35:29	5:53	8	2:15:47	9	2:15:47
Luisenturm	14.00	1:31:59	6:34	24	36:21	31	36:21	91.40	9:07:28	5:59	8	2:52:08	9	2:52:08
Rudolstadt	9.90	55:14	5:34	14	15:11	15	15:11	101.30	10:02:42	5:56	21	3:07:19	25	3:07:19