



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

## Detailed evaluation

Juli Öholm

Total time: 1:17:55

Number: 108

Course: 25.50 km

Rank in course/Total: 113 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 14 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 1(of 4)

weibliche AK 1 (TW 20)

Best time in the category: 1:17:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:20	18:40	1	-	6	1:34	0.50	9:20	18:40	1	-	70	1:34
Wechsel S -> R	-	1:57	-	1	-	5	0:15	0.50	11:17	22:33	1	-	70	1:21
Schwimmen Total	0.50	11:17	22:33	1	-	70	1:21	0.50	11:17	22:33	1	-	70	1:21
Rad netto	20.00	38:58	1:56	2	0:35	19	3:51	20.50	50:15	2:27	1	-	7	4:51
Wechsel R -> L	-	0:43	-	1	-	5	0:05	20.50	50:58	2:29	1	-	7	4:36
Rad Total	20.00	39:41	1:59	2	0:30	16	3:36	20.50	50:58	2:29	1	-	7	4:36
Lauf Ziel	5.00	26:57	5:23	2	0:42	33	6:40	25.50	1:17:55	3:03	1	-	14	11:16