



RENNSThike WORLD CHAMPIONSHIP

Moorgrund OT Gumpelstadt / 05.05.2019

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Bade, Steffen

□□: Regensburg

□□: 1702

□□: 170.40 km

XTREM-Marsch

□□□□:

Männer

□□□: 34:49:49

□□: 4.88 km/h

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□□□□□/□: 5 (of 32)

□□□□□□: 28:53:00

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Brennersgrün	20.70	2:57:17	6.77	6	25:43	6	25:43	20.70	2:57:17	6.77	6	25:43	6	25:43
Spechtsbrunn	18.40	3:24:05	5.29	5	36:31	5	36:31	39.10	6:21:22	6.14	6	1:02:14	6	1:02:14
Friedrichshöhe	23.60	4:29:34	5.12	8	45:22	8	45:22	62.70	10:50:56	5.71	7	1:45:08	7	1:45:08
Neustadt	16.80	4:02:20	3.96	9	1:03:35	9	1:03:35	79.50	14:53:16	5.31	8	2:48:30	8	2:48:30
Oberhof	26.30	5:46:14	4.51	7	1:28:56	7	1:28:56	105.80	20:39:30	5.08	9	4:17:22	9	4:17:22
Neue Ausspanne	16.50	3:38:30	4.39	2	0:11	2	0:11	122.30	24:18:00	5.02	6	4:06:15	6	4:06:15
Großer Inselsber	15.10	3:28:19	4.32	6	27:18	6	27:18	137.40	27:46:19	4.93	6	4:33:33	6	4:33:33
Dreiherrnstein	4.90	1:40:52	2.38	10	38:54	10	38:54	142.30	29:27:11	4.82	6	5:08:06	6	5:08:06
Hubertushaus	8.80	1:51:59	4.29	4	22:01	4	22:01	151.10	31:19:10	4.82	5	5:30:02	5	5:30:02
Hohe Sonne	4.70	48:26	4.96	6	7:45	6	7:45	155.80	32:07:36	4.82	6	5:37:20	6	5:37:20
Altenberger See	3.30	40:47	4.41	4	2:34	4	2:34	159.10	32:48:23	4.85	5	5:39:47	5	5:39:47
Möhra	7.40	1:19:27	5.29	4	9:36	4	9:36	166.50	34:07:50	4.86	5	5:49:18	5	5:49:18
Kulturscheune	3.90	41:59	4.29	4	7:36	4	7:36	170.40	34:49:49	4.88	5	5:56:49	5	5:56:49