



8. Thüringer ULTRA

Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Gnoyke, Matthias

Club: Team-Erdinger-Alkoholfrei
Number: 166

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 16:39:45

Speed: 6.00 km/h
Running performance: 10:00 min/km

Rank in course/Total: 243 (of 272)

Rank in course/Men: 208 (of 232)

Best time in course: 8:54:18

Rank in category: 33(of 36)

Best time in the category: 8:59:27

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese | 27.39 | 3:23:21 | 7:25 | 28 | 55:37 | 140 | 1:13:40 | 27.39 | 3:23:21 | 7:25 | 17 | 1:38 | 221 | 1:13:40 |
| Floh-Seligenthal | 27.74 | 4:27:32 | 9:38 | 36 | 2:05:58 | 220 | 2:08:15 | 55.13 | 7:50:53 | 8:32 | 17 | 38:15 | 221 | 3:19:10 |
| Finsterbergen | 22.03 | 4:32:04 | 12:20 | 34 | 2:25:36 | 219 | 2:25:36 | 77.16 | 12:22:57 | 9:37 | 17 | 1:32:40 | 215 | 5:39:00 |
| Fröttstädt | 22.84 | 4:16:48 | 11:14 | 33 | 2:13:08 | 202 | 2:13:08 | 100.00 | 16:39:45 | 9:59 | 33 | 7:40:18 | 208 | 7:45:27 |