



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Klockow, Steve

Club: LG Mauerweg
Number: 186

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M30 (30-34 Jahre)

Total time: 17:03:39

Speed: 5.86 km/h
Running performance: 10:14 min/km

Rank in course/Total: 247 (of 272)

Rank in course/Men: 210 (of 232)

Best time in course: 8:54:18

Rank in category: 9(of 11)

Best time in the category: 9:08:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:25:33	7:30	8	1:01:49	145	1:15:52	27.39	3:25:33	7:30	10	57:47	223	1:15:52
Floh-Seligenthal	27.74	4:52:14	10:32	10	2:32:57	225	2:32:57	55.13	8:17:47	9:01	10	3:30:44	223	3:46:04
Finsterbergen	22.03	3:55:59	10:42	10	1:45:27	196	1:49:31	77.16	12:13:46	9:30	10	5:16:11	217	5:29:49
Fröttstädt	22.84	4:49:53	12:41	9	2:39:07	212	2:46:13	100.00	17:03:39	10:14	9	7:55:18	210	8:09:21