



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Muhs, Matthias

Club: TV-Fürstenwalde
Number: 720

Course: 75.07 km
DM der DUV

Category:
Männer M45

Total time: 7:38:41

Speed: 9.82 km/h
Running performance: 6:07 min/km

Rank in course/Total: 13 (of 48)

Rank in course/Men: 12 (of 38)

Best time in course: 5:46:25

Rank in category: 4 (of 9)

Best time in the category: 6:33:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Floh-Seligenthal | 26.92 | 2:10:41 | 4:51 | 3 | 12:08 | 10 | 17:09 | 26.92 | 2:10:41 | 4:51 | 5 | 12:08 | 33 | 15:33 |
| Finsterbergen | 24.12 | 2:23:05 | 5:55 | 2 | 17:04 | 9 | 30:55 | 51.04 | 4:33:46 | 5:21 | 5 | | 33 | 46:28 |
| Fröttstädt | 24.83 | 3:04:55 | 7:26 | 5 | 39:32 | 19 | 1:05:48 | 75.07 | 7:38:41 | 6:06 | 4 | 1:05:26 | 12 | 1:52:16 |