



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Cavaleiro Prof Dr., Claudia

Club: OSC Waldniel  
Number: 125

Course: 100.00 km  
Thüringen Ultra

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 17:07:31

Speed: 5.84 km/h  
Running performance: 10:17 min/km

Rank in course/Total: 249 (of 272)

Rank in course/Women: 38 (of 40)

Best time in course: 10:03:10

Rank in category: 13(of 14)

Best time in the category: 10:03:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	4:13:17	9:14	14	1:45:08	39	1:45:08	27.39	4:13:17	9:14	14	1:45:08	20	51:06
Floh-Seligenthal	27.74	4:33:58	9:52	14	1:55:24	39	1:55:24	55.13	8:47:15	9:33	14	3:40:32	20	1:40:47
Finsterbergen	22.03	4:04:18	11:05	12	1:41:47	35	1:41:47	77.16	12:51:33	9:59	14	5:16:54	20	2:02:18
Fröttstädt	22.84	4:15:58	11:12	13	1:47:27	35	1:47:27	100.00	17:07:31	10:16	13	7:04:21	38	7:04:21