



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Göckel, Ralf

Total time: 1:09:34

Club: StartNet Team DSW Darmstadt

Number: 352

Course: 25.50 km

Rank in course/Total: 58 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 54 (of 240)

Best time in course: 57:33

Category:

Rank in category: 14(of 49)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:31

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|-------|-------|------|--------|-----|--------|-------|---------|-------|------|--------|-----|--------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Schwimmen | 0.50 | 12:53 | 2.33 | 24 | 4:55 | 126 | 5:18 | 0.50 | 12:53 | 2.33 | 29 | 1:50 | 155 | 4:08 |
| Rad | 20.00 | 37:05 | 32.36 | 2 | 1:11 | 3 | 1:16 | 20.50 | 49:58 | 24.62 | 27 | | 135 | 2:21 |
| Lauf | 5.00 | 19:36 | 15.31 | 2 | 0:10 | 4 | 0:13 | 25.50 | 1:09:34 | 21.99 | 14 | 9:03 | 54 | 12:01 |