



2. Schiller-Staffellauf 2010

Rudolstadt / 28.08.2010

□□□□

Trefffurter Sperrachen

□□□: 8:12:05

□□: 25

□□: 12.35 km/h

□□□□: 4:52 min/km

□□: 101.30 km

Schiller-Staffel

□□□□□: 3 (of 32)

□□□□□□: 6:55:23

□□□□:

□□□□□: 3 (of 25)

Männer

□□□□□□□: 6:55:23

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.10	1:25:33	5:00	3	10:11	4	10:11	17.10	1:25:33	5:00	16	10:11	19	10:11
Maua	22.50	1:49:21	4:51	9	15:23	10	15:23	39.60	3:14:54	4:55	16	25:34	19	25:34
Magdala	13.50	1:08:13	5:03	9	13:28	10	14:59	53.10	4:23:07	4:57	16	39:02	19	39:02
Belvedere	11.00	51:36	4:41	4	10:27	4	10:27	64.10	5:14:43	4:54	16	49:29	19	49:29
Blankenhain	13.30	1:11:35	5:22	8	17:07	8	17:07	77.40	6:26:18	4:59	16	1:06:36	19	1:06:36
Luisenturm	14.00	59:08	4:13	3	3:30	3	3:30	91.40	7:25:26	4:52	16	1:10:06	19	1:10:06
Rudolstadt	9.90	46:39	4:42	5	6:36	6	6:36	101.30	8:12:05	4:51	3	1:16:42	3	1:16:42