



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Detailed evaluation

**aberschnell**

Club: ausl. HS  
Number: 3

Course: 116.80 km  
Sola-Stafette

Category:  
Langsame

Total time: 10:06:37

Speed: 11.55 km/h  
Running performance: 5:11 min/km

Rank in course: 352 (of 790)

Best time in course: 6:52:28

Rank in category: 113 (of 477)

Best time in the category: 8:43:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		4:44	39	3:41	122	5:04	4.40	20:53	4:44	1	20:53	1	20:53
Buchlern	13.25		4:38	153	13:59	359	18:29	17.65	1:22:23	4:40	1	1:22:23	1	1:22:23
Uetliberg	6.20		6:01	161	8:09	361	11:45	23.85	1:59:44	5:01	1	1:59:44	1	1:59:44
Felsenegg	5.90		5:37	282	10:33	531	13:14	29.75	2:32:55	5:08	1	2:32:55	1	2:32:55
Buchlern	14.02		5:28	345	24:56	629	28:57	43.77	3:49:40	5:14	1	3:49:40	1	3:49:40
Hönggerberg	11.10		4:48	94	11:28	227	14:09	54.87	4:42:58	5:09	1	4:42:58	1	4:42:58
Irchel	5.10		3:51	2	0:36	16	2:56	59.97	5:02:40	5:02	1	5:02:40	1	5:02:40
Fluntern	6.34		5:54	373	13:37	659	15:42	66.31	5:40:10	5:07	1	5:40:10	1	5:40:10
Forch	11.30		5:30	276	20:42	531	23:34	77.61	6:42:24	5:11	1	6:42:24	1	6:42:24
Egg	8.75		4:58	80	10:05	221	11:19	86.36	7:25:54	5:09	1	7:25:54	1	7:25:54
Zumikon	12.99		4:38	40	7:06	142	13:15	99.35	8:26:08	5:05	1	8:26:08	1	8:26:08
Witikon	6.91		4:59	276	10:39	526	13:27	106.26	9:00:37	5:05	1	9:00:37	1	9:00:37
Fluntern	4.90		5:51	330	11:49	605	12:21	111.16	9:29:17	5:07	1	9:29:17	1	9:29:17
Control	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Irchel	-	fehlt!	-	-	-	-	-	116.80	-	-	124	-	-	368