



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Blumensaat, Roland

Club: schritt-weise.de
Number: 178

Course: 42.18 km
Marathon

Category:
Männer M50

Total time: 5:05:24

Speed: 8.29 km/h
Running performance: 7:14 min/km

Rank in course/Total: 237 (of 305)

Rank in course/Men: 215 (of 271)

Best time in course: 3:01:21

Rank in category: 40(of 47)

Best time in the category: 3:13:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:35	5:10	39	1:24	246	1:26	0.50	2:35	5:10	20	0:37	232	0:04
Runde	3.47	24:01	6:55	46	8:55	265	10:30	3.97	26:36	6:42	21	6:04	236	1:10
Runde	3.47	25:03	7:13	46	10:13	264	10:49	7.44	51:39	6:56	20	10:35	234	7:05
Runde	3.47	25:09	7:14	46	10:12	261	22:00	10.91	1:16:48	7:02	20	14:21	233	8:54
Runde	3.47	25:25	7:19	45	10:18	257	11:04	14.38	1:42:13	7:06	20	17:33	231	6:20
Runde	3.47	25:24	7:19	44	9:56	248	10:59	17.85	2:07:37	7:08	20	20:18	230	33:35
Runde	3.47	25:56	7:28	43	10:30	242	11:21	21.32	2:33:33	7:12	20	22:36	229	1:06:25
Runde	3.47	25:49	7:26	41	10:22	229	11:17	24.79	2:59:22	7:14	20	24:20	229	1:17:19
Runde	3.47	26:01	7:29	39	10:06	217	11:36	28.26	3:25:23	7:16	19	24:54	224	1:28:06
Runde	3.47	25:30	7:20	35	9:07	187	10:31	31.73	3:50:53	7:16	19	25:00	222	1:37:22
Runde	3.47	24:54	7:10	24	7:54	142	9:27	35.20	4:15:47	7:15	19	23:30	217	1:41:37
Runde	3.47	25:02	7:12	24	7:16	126	9:10	38.67	4:40:49	7:15	19	22:29	216	1:55:41
Finish	3.47	24:35	7:05	25	6:06	125	8:59	42.18	5:05:24	7:14	40	1:52:09	215	2:04:03