



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Six, Martina

Total time: 1:19:56

Club: Dreieich

Number: 360

Course: 25.50 km

Rank in course/Total: 182 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 29 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 6(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	9:24	3.19	1	-	4	1:39	0.50	9:24	3.19	14			53
Rad	20.00	44:19	27.08	5	1:19	11	6:30	20.50	53:43	22.90	14			51
Lauf	5.00	26:13	11.44	7	3:28	16	3:41	25.50	1:19:56	19.14	6	3:51	29	15:27