



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

stemi

□□: Alumni

□□: 322

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:40:52

□□: 10.94 km/h

□□□□: 5:29 min/km

□□□□□: 578 (of 790)

□□□□□□: 6:52:28

□□□□□: 288 (of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:00	354	9:15	624	10:38	4.40	26:27	6:00	1	26:27	1	26:27
Buchlern	13.25		5:17	381	22:31	668	27:01	17.65	1:36:29	5:27	1	1:36:29	1	1:36:29
Uetliberg	6.20		6:26	273	10:44	521	14:20	23.85	2:16:25	5:43	1	2:16:25	1	2:16:25
Felsenegg	5.90		6:29	430	15:41	729	18:22	29.75	2:54:44	5:52	1	2:54:44	1	2:54:44
Buchlern	14.02		5:15	283	21:52	546	25:53	43.77	4:08:25	5:40	1	4:08:25	1	4:08:25
Hönggerberg	11.10		5:26	250	18:31	491	21:12	54.87	5:08:46	5:37	1	5:08:46	1	5:08:46
Irchel	5.10		6:42	427	15:09	726	17:29	59.97	5:43:01	5:43	1	5:43:01	1	5:43:01
Fluntern	6.34		5:32	307	11:17	571	13:22	66.31	6:18:11	5:42	1	6:18:11	1	6:18:11
Forch	11.30		5:57	388	25:50	685	28:42	77.61	7:25:33	5:44	1	7:25:33	1	7:25:33
Egg	8.75		5:19	198	13:14	413	14:28	86.36	8:12:12	5:41	1	8:12:12	1	8:12:12
Zumikon	12.99		4:45	55	8:38	182	14:47	99.35	9:13:58	5:34	1	9:13:58	1	9:13:58
Witikon	6.91		5:30	395	14:17	687	17:05	106.26	9:52:05	5:34	1	9:52:05	1	9:52:05
Fluntern	4.90		3:57	6	2:33	40	3:05	111.16	10:11:29	5:30	1	10:11:29	1	10:11:29
□□□	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Irchel	-	fehlt!	-	-	-	-	-	116.80	-	-	299	-	596	-