



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Krause, Markus

Total time: 1:21:05

Club: Dreieich

Number: 357

Course: 25.50 km

Rank in course/Total: 195 (of 322)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 162 (of 240)

Best time in course: 57:33

Category:

Rank in category: 26(of 38)

Senioren 1 (TM 40-44)

Best time in the category: 57:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	9:26	3.18	2	0:48	25	1:51	0.50	9:26	3.18	27		155	0:41
Rad	20.00	44:22	27.05	14	6:54	80	8:33	20.50	53:48	22.86	28	1:33	135	6:11
Lauf	5.00	27:17	11.00	20	7:54	97	7:54	25.50	1:21:05	18.87	26	23:32	162	23:32