



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Klinder, Ingolf

Club: Reinbek
Number: 230

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:05:36

Speed: 12.52 km/h
Running performance: 4:47 min/km

Rank in course/Total: 30 (of 467)

Rank in course/Men: 29 (of 387)

Best time in course: 1:40:22

Rank in category: 8 (of 36)

Best time in the category: 1:50:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:09	4:53	10	2:55	44	3:38	3.30	16:09	4:53	10	2:55	44	3:38
Schlüsie	3.10	16:17	5:15	7	1:17	28	3:13	6.40	32:26	5:04	8	3:59	35	6:50
Hermannsklippe	2.60	14:07	5:25	7	0:45	24	2:46	9.00	46:33	5:10	8	4:44	32	9:36
Brocken	3.10	22:38	7:18	8	1:52	23	4:51	12.10	1:09:11	5:43	7	6:02	28	14:27
Eiserner Handwe	3.60	14:56	4:08	5	2:11	26	2:36	15.70	1:24:07	5:21	7	7:48	27	17:02
Schlüsie	4.10	14:49	3:36	8	2:19	43	3:13	19.80	1:38:56	4:59	7	10:07	26	19:51
Loddenke	3.10	13:05	4:13	12	2:39	77	3:10	22.90	1:52:01	4:53	8	12:46	27	22:50
Ilseburg/Markt	3.30	13:35	4:06	10	2:09	49	2:47	26.20	2:05:36	4:47	8	14:54	29	25:14