



## 6. Lorsch Triathlon

Lorsch / 02.08.2009

### Detailed evaluation

**Paulus, Gerhard**

**Total time: 1:23:43**

Club: TSV 03 Wolfskehlen

Number: 359

Course: 25.50 km

Rank in course/Total: 221 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 179 (of 240)

Best time in course: 57:33

Category:

Rank in category: 4(of 10)

Senioren 5 (TM 60-64)

Best time in the category: 1:15:05

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	15:11	1.98	9	6:08	146	7:36	0.50	15:11	1.98	10	3:09	155	6:26
Rad	20.00	44:48	26.79	4	5:35	85	8:59	20.50	59:59	20.51	9	1:57	135	12:22
Lauf	5.00	23:44	12.64	2	0:14	50	4:21	25.50	1:23:43	18.28	4	8:38	179	26:10