



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Koch, Johannes

Club: ASV Saxonia Leonis
Number: 236

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:22:05

Speed: 11.06 km/h
Running performance: 5:25 min/km

Rank in course/Total: 100 (of 467)

Rank in course/Men: 94 (of 387)

Best time in course: 1:40:22

Rank in category: 13 (of 31)

Best time in the category: 1:40:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:35	5:19	13	5:03	96	5:04	3.30	17:35	5:19	13	5:03	96	5:04
Schlüsie	3.10	18:51	6:04	11	5:47	94	5:47	6.40	36:26	5:41	13	10:50	93	10:50
Hermannsklippe	2.60	16:32	6:21	12	5:11	98	5:11	9.00	52:58	5:53	12	16:01	94	16:01
Brocken	3.10	27:58	9:01	16	10:11	124	10:11	12.10	1:20:56	6:41	12	26:12	102	26:12
Eiserner Handwe	3.60	17:46	4:56	16	5:26	124	5:26	15.70	1:38:42	6:17	13	31:37	104	31:37
Schlüsie	4.10	16:21	3:59	12	4:45	91	4:45	19.80	1:55:03	5:48	13	35:58	102	35:58
Loddenke	3.10	13:01	4:11	12	3:06	74	3:06	22.90	2:08:04	5:35	13	38:53	100	38:53
Ilseburg/Markt	3.30	14:01	4:14	10	3:11	69	3:13	26.20	2:22:05	5:25	13	41:43	94	41:43