



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Kupfer, Jörg

Club: Lauffreunde Gotha e.V.  
Number: 2

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M45 (45-49 Jahre)

Total time: 10:27:13

Speed: 9.57 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 24 (of 272)

Rank in course/Men: 23 (of 232)

Best time in course: 8:54:18

Rank in category: 7(of 47)

Best time in the category: 9:33:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:37:37	5:45	5	13:47	22	27:56	27.39	2:37:37	5:45	32		26	27:56
Floh-Seligenthal	27.74	2:35:44	5:36	7	12:53	19	16:27	55.13	5:13:21	5:41	32		26	41:38
Finsterbergen	22.03	2:38:55	7:12	11	24:30	36	32:27	77.16	7:52:16	6:07	30		24	1:08:19
Fröttstädt	22.84	2:34:57	6:47	9	17:28	27	31:17	100.00	10:27:13	6:16	7	53:52	23	1:32:55