



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

Syngenta

□□: Alumni

□□: 334

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 11:19:47

□□: 10.31 km/h

□□□□: 5:49 min/km

□□□□□: 729 (of 790)

□□□□□□: 6:52:28

□□□□□: 426 (of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:10	130	5:36	296	6:59	4.40	22:48	5:10	1	22:48	1	22:48
Buchlern	13.25		4:45	200	15:31	425	20:01	17.65	1:25:50	4:51	1	1:25:50	1	1:25:50
Uetliberg	6.20		6:19	242	10:01	477	13:37	23.85	2:05:03	5:14	1	2:05:03	1	2:05:03
Felsenegg	5.90		6:01	378	12:56	664	15:37	29.75	2:40:37	5:23	1	2:40:37	1	2:40:37
Buchlern	14.02		6:03	428	33:06	733	37:07	43.77	4:05:32	5:36	1	4:05:32	1	4:05:32
Hönggerberg	11.10		8:11	472	49:01	784	51:42	54.87	5:36:23	6:07	1	5:36:23	1	5:36:23
Irchel	5.10		5:58	316	11:23	593	13:43	59.97	6:06:52	6:07	1	6:06:52	1	6:06:52
Fluntern	6.34		5:04	145	8:19	338	10:24	66.31	6:39:04	6:01	1	6:39:04	1	6:39:04
Forch	11.30		5:16	202	18:06	419	20:58	77.61	7:38:42	5:54	1	7:38:42	1	7:38:42
Egg	8.75		4:50	61	8:59	179	10:13	86.36	8:21:06	5:48	1	8:21:06	1	8:21:06
Zumikon	12.99		5:40	306	20:32	580	26:41	99.35	9:34:46	5:47	1	9:34:46	1	9:34:46
Witikon	6.91		7:49	472	30:15	783	33:03	106.26	10:28:51	5:55	1	10:28:51	1	10:28:51
Fluntern	4.90		5:04	154	8:00	366	8:32	111.16	10:53:42	5:52	1	10:53:42	1	10:53:42
□□□	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Irchel	-	fehlt!	-	-	-	-	-	116.80	-	-	438	-	749	-