



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Heß, Torsten

Club: LG Rippershausen
Number: 193

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:17:14

Speed: 11.45 km/h
Running performance: 5:14 min/km

Rank in course/Total: 79 (of 467)

Rank in course/Men: 73 (of 387)

Best time in course: 1:40:22

Rank in category: 10 (of 66)

Best time in the category: 1:57:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:14	5:31	18	3:41	127	5:43	3.30	18:14	5:31	18	3:41	127	5:43
Schlüsie	3.10	18:49	6:04	13	3:11	89	5:45	6.40	37:03	5:47	15	6:52	107	11:27
Hermannsklippe	2.60	16:41	6:25	15	2:43	109	5:20	9.00	53:44	5:58	14	9:35	105	16:47
Brocken	3.10	27:22	8:49	16	4:43	114	9:35	12.10	1:21:06	6:42	15	14:18	104	26:22
Eiserner Handwe	3.60	15:36	4:19	6	1:58	47	3:16	15.70	1:36:42	6:09	14	16:16	87	29:37
Schlüsie	4.10	15:00	3:39	5	1:55	50	3:24	19.80	1:51:42	5:38	13	18:11	82	32:37
Loddenke	3.10	12:06	3:54	4	0:58	37	2:11	22.90	2:03:48	5:24	12	19:09	77	34:37
Ilseburg/Markt	3.30	13:26	4:04	4	1:04	45	2:38	26.20	2:17:14	5:14	10	20:13	73	36:52