



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

## Detailed evaluation

**Wanner, Klaus**

Club: spvgg holzgerlingen

Number: 182

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 19:45:02

Speed: 8.15 km/h

Running performance: 7:22 min/km

Rank in course/Total: 21 (of 221)

Rank in course/Men: 17 (of 193)

Best time in course: 15:53:45

Rank in category: 6 (of 52)

Best time in the category: 18:08:24

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| km 6,28 Gedenk:    | 6.28     | 36:26      | 5:48         | 7           | 0:14        | 22      | 3:06       | 6.28          | 36:26      | 5:48         | 7        | 0:14        | 22      | 3:06       |
| km 11,32 Behms     | 5.04     | 32:27      | 6:26         | 20          | 4:38        | 104     | 7:45       | 11.32         | 1:08:53    | 6:05         | 7        | 2:10        | 37      | 10:51      |
| km 22,10 Lübars    | 10.78    | 59:56      | 5:33         | 7           | 4:09        | 28      | 9:00       | 22.10         | 2:08:49    | 5:49         | 7        | 4:30        | 32      | 15:38      |
| km 32,52 Naturs    | 10.42    | 1:00:01    | 5:45         | 5           | 2:23        | 20      | 8:15       | 32.52         | 3:08:50    | 5:48         | 5        | 6:23        | 27      | 19:20      |
| km 43,36 Ruderc    | 10.84    | 1:07:19    | 6:12         | 10          | 7:16        | 30      | 14:31      | 43.36         | 4:16:09    | 5:54         | 7        | 13:13       | 28      | 31:58      |
| km 55,35 Schönv    | 11.99    | 1:16:03    | 6:20         | 9           | 8:53        | 36      | 15:46      | 55.35         | 5:32:12    | 6:00         | 9        | 22:06       | 30      | 47:44      |
| km 68,07 Garten    | 12.72    | 1:26:35    | 6:48         | 8           | 5:46        | 28      | 13:38      | 68.07         | 6:58:47    | 6:09         | 7        | 27:52       | 25      | 1:00:38    |
| km 80,53 Schloß    | 12.46    | 1:23:42    | 6:43         | 4           | 2:47        | 15      | 12:39      | 80.53         | 8:22:29    | 6:14         | 6        | 30:39       | 20      | 1:05:21    |
| km 99,65 Geden     | 19.12    | 2:10:14    | 6:48         | 2           | 6:36        | 15      | 25:31      | 99.65         | 10:32:43   | 6:20         | 5        | 37:15       | 15      | 1:17:41    |
| km 112,75 Sport    | 13.10    | 1:50:08    | 8:24         | 7           | 16:41       | 27      | 1:43:16    | 112.75        | 12:22:51   | 6:35         | 5        | 53:56       | 18      | 1:46:22    |
| km 124,92 Lichte   | 12.17    | 2:04:49    | 10:15        | 15          | 39:20       | 58      | 46:03      | 124.92        | 14:27:40   | 6:56         | 7        | 1:24:41     | 21      | 2:30:50    |
| km 134,98 Buck     | 10.06    | 1:17:58    | 7:45         | 2           | 0:57        | 13      | 20:29      | 134.98        | 15:45:38   | 7:00         | 6        | 1:11:35     | 20      | 2:44:55    |
| Test               | 9.89     | 1:40:32    | 10:09        | 11          | 19:51       | 41      | 37:45      | 144.87        | 17:26:10   | 7:13         | 6        | 1:26:38     | 18      | 3:22:17    |
| Stadion Lobeckst   | 16.01    | 2:18:52    | 8:40         | 10          | 17:17       | 26      | 29:00      | 160.90        | 19:45:02   | 7:21         | 6        | 1:36:38     | 17      | 3:51:17    |