



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Tim Sentner

Total time: 1:10:35

Number: 168

Course: 25.50 km

Rank in course/Total: 37 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 36 (of 210)

Best time in course: 59:54

Category:

Rank in category: 5(of 17)

männliche AK 3 (TM 30)

Best time in the category: 59:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:27	22:53	11	2:32	108	3:39	0.50	11:27	22:53	18	2:32	211	3:39
Wechsel S -> R	-	2:04	-	3	0:36	25	0:43	0.50	13:31	27:02	18	3:06	78	3:44
Schwimmen Total	0.50	13:31	27:02	18	3:06	78	3:44	0.50	13:31	27:02	18	3:06	78	3:44
Rad netto	20.00	34:53	1:44	5	4:09	42	10:40	20.50	48:24	2:21	18	7:15	211	7:15
Wechsel R -> L	-	0:55	-	8	0:25	60	0:29	20.50	49:19	2:24	18	7:24	211	7:24
Rad Total	20.00	35:48	1:47	4	4:18	36	10:11	20.50	49:19	2:24	18	7:24	211	7:24
Lauf Ziel	5.00	21:16	4:15	4	3:17	31	3:17	25.50	1:10:35	2:46	5	10:41	36	10:41