



50. Brockenlauf

Ilseburg / 04.09.2021

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Lehmacher, Jasmin

□□: TSV Hirschau
 □□: 269

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W40 (40-44 Jahre)

□□□: 2:42:38

□□: 9.67 km/h
 □□□□: 6:13 min/km

□□□□□/□□□□: 250 (of 467)

□□□□□/□: 24 (of 80)

□□□□□□: 2:03:14

□□□□□: 6 (of 15)

□□□□□□□: 2:28:06

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:56	6:02	8	1:35	29	5:01	3.30	19:56	6:02	8	1:35	29	5:01
Schlüsie	3.10	21:48	7:01	7	2:14	25	5:05	6.40	41:44	6:31	7	3:49	26	10:06
Hermannsklippe	2.60	19:14	7:23	6	2:14	25	4:30	9.00	1:00:58	6:46	7	6:03	25	14:36
Brocken	3.10	29:38	9:33	1	-	14	4:58	12.10	1:30:36	7:29	6	5:54	23	19:34
Eiserner Handwe	3.60	19:54	5:31	7	2:55	30	5:24	15.70	1:50:30	7:02	5	8:49	21	24:58
Schlüsie	4.10	19:06	4:39	6	2:23	30	5:10	19.80	2:09:36	6:32	5	11:12	22	30:08
Loddenke	3.10	15:36	5:01	7	2:13	28	4:12	22.90	2:25:12	6:20	5	12:23	22	34:20
Ilseburg/Markt	3.30	17:26	5:16	8	2:46	32	5:04	26.20	2:42:38	6:12	6	14:32	24	39:24