



38. SOLA-Stafette  
Zürich / 07.05.2011

Detalizēti rezultāti

AD-Runners

Klubs: Ang.  
Numurs: 376

Posms: 116.80 km  
Sola-Stafette

Grupa:  
Langsame

Kopējais laiks: 11:35:39

Ātrums: 10.07 km/h  
Skrējiena izpildījums: 5:57 min/km

Vieta distancē: 754 (no 790)  
Distances labākais laiks: 6:52:28

Vieta grupā: 449(no 477)  
Grupas labākais laiks: 8:43:10

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma |        | Posma  |       | Vietāztrūkum:Vietāztrūkums |      | Kopā  |        | Kopā     |        | Kopā  |          | Vietāztrūkum:Vietāztrūkums |          |
|---------------|-------|--------|--------|-------|----------------------------|------|-------|--------|----------|--------|-------|----------|----------------------------|----------|
|               | km    | Laiks  | min/km | grupā | grupā                      | Kopā | Kopā  | km     | Laiks    | min/km | grupā | grupā    | Kopā                       | Kopā     |
| Hönggerberg   | 4.40  |        | 7:28   | 470   | 15:43                      | 781  | 17:06 | 4.40   | 32:55    | 7:28   | 1     | 32:55    | 1                          | 32:55    |
| Buchlern      | 13.25 |        | 5:42   | 447   | 28:07                      | 749  | 32:37 | 17.65  | 1:48:33  | 6:09   | 1     | 1:48:33  | 1                          | 1:48:33  |
| Uetliberg     | 6.20  |        | 6:20   | 245   | 10:09                      | 482  | 13:45 | 23.85  | 2:27:54  | 6:12   | 1     | 2:27:54  | 1                          | 2:27:54  |
| Felsenegg     | 5.90  |        | 6:45   | 447   | 17:16                      | 755  | 19:57 | 29.75  | 3:07:48  | 6:18   | 1     | 3:07:48  | 1                          | 3:07:48  |
| Buchlern      | 14.02 |        | 5:10   | 256   | 20:42                      | 505  | 24:43 | 43.77  | 4:20:19  | 5:56   | 1     | 4:20:19  | 1                          | 4:20:19  |
| Hönggerberg   | 11.10 |        | 5:53   | 380   | 23:37                      | 663  | 26:18 | 54.87  | 5:25:46  | 5:56   | 1     | 5:25:46  | 1                          | 5:25:46  |
| Irchel        | 5.10  |        | 6:25   | 390   | 13:42                      | 688  | 16:02 | 59.97  | 5:58:34  | 5:58   | 1     | 5:58:34  | 1                          | 5:58:34  |
| Fluntern      | 6.34  |        | 6:22   | 435   | 16:32                      | 738  | 18:37 | 66.31  | 6:38:59  | 6:01   | 1     | 6:38:59  | 1                          | 6:38:59  |
| Forch         | 11.30 |        | 6:15   | 417   | 29:08                      | 721  | 32:00 | 77.61  | 7:49:39  | 6:03   | 1     | 7:49:39  | 1                          | 7:49:39  |
| Egg           | 8.75  |        | 5:29   | 248   | 14:37                      | 489  | 15:51 | 86.36  | 8:37:41  | 5:59   | 1     | 8:37:41  | 1                          | 8:37:41  |
| Zumikon       | 12.99 |        | 6:18   | 429   | 28:48                      | 733  | 34:57 | 99.35  | 9:59:37  | 6:02   | 1     | 9:59:37  | 1                          | 9:59:37  |
| Witikon       | 6.91  |        | 5:16   | 344   | 12:39                      | 618  | 15:27 | 106.26 | 10:36:06 | 5:59   | 1     | 10:36:06 | 1                          | 10:36:06 |
| Fluntern      | 4.90  |        | 5:10   | 180   | 8:29                       | 402  | 9:01  | 111.16 | 11:01:26 | 5:57   | 1     | 11:01:26 | 1                          | 11:01:26 |
| Kontrolpunkts | -     | fehlt! | -      | -     | -                          | -    | -     | 111.16 | -        | -      | -     | -        | -                          | -        |
| Irchel        | 5.64  |        | 6:04   | 414   | 14:00                      | 717  | 15:34 | 116.80 | 11:35:39 | 5:57   | 461   | 3:25:27  | 774                        | 4:43:43  |