



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kwidzinski, Raphaela

Club: Ostfildern
Number: 259

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:43:49

Speed: 9.60 km/h
Running performance: 6:15 min/km

Rank in course/Total: 257 (of 467)

Rank in course/Women: 26 (of 80)

Best time in course: 2:03:14

Rank in category: 3 (of 7)

Best time in the category: 2:33:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:02	5:27	1	-	7	3:07	3.30	18:02	5:27	1	-	7	3:07
Schlüsie	3.10	20:22	6:34	1	-	14	3:39	6.40	38:24	5:59	1	-	11	6:46
Hermannsklippe	2.60	18:10	6:59	1	-	14	3:26	9.00	56:34	6:17	1	-	12	10:12
Brocken	3.10	28:53	9:19	1	-	12	4:13	12.10	1:25:27	7:03	1	-	12	14:25
Eiserner Handwe	3.60	28:26	7:53	7	9:45	78	13:56	15.70	1:53:53	7:15	3	7:10	29	28:21
Schlüsie	4.10	19:48	4:49	5	2:30	38	5:52	19.80	2:13:41	6:45	3	9:40	28	34:13
Loddenke	3.10	14:35	4:42	2	0:38	21	3:11	22.90	2:28:16	6:28	3	10:18	26	37:24
Ilseburg/Markt	3.30	15:33	4:42	1	-	14	3:11	26.20	2:43:49	6:15	3	10:04	26	40:35