



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Franzke, Jan

Club: LaufSportGemeinschaft Kassel
Number: 129

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:39:36

Speed: 9.85 km/h
Running performance: 6:05 min/km

Rank in course/Total: 220 (of 467)

Rank in course/Men: 200 (of 387)

Best time in course: 1:40:22

Rank in category: 35 (of 67)

Best time in the category: 2:02:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:53	5:43	31	3:31	168	6:22	3.30	18:53	5:43	31	3:31	168	6:22
Schlüsie	3.10	21:14	6:50	38	5:20	214	8:10	6.40	40:07	6:16	33	8:39	193	14:31
Hermannsklippe	2.60	18:32	7:07	36	4:26	205	7:11	9.00	58:39	6:30	33	13:05	192	21:42
Brocken	3.10	30:01	9:40	32	7:56	180	12:14	12.10	1:28:40	7:19	33	21:01	187	33:56
Eiserner Handwe	3.60	20:01	5:33	40	5:26	228	7:41	15.70	1:48:41	6:55	36	25:35	196	41:36
Schlüsie	4.10	19:12	4:40	38	5:33	232	7:36	19.80	2:07:53	6:27	35	30:00	198	48:48
Loddenke	3.10	15:10	4:53	33	3:32	205	5:15	22.90	2:23:03	6:14	34	33:27	200	53:52
Ilseburg/Markt	3.30	16:33	5:00	32	3:37	199	5:45	26.20	2:39:36	6:05	35	36:48	200	59:14