



10. Kirschlauf  
Kleinfahner / 13.06.2010

Detailed evaluation

Hempel, Ingolf

Club: TTC Eschenbergen  
Number: 355

Course: 14.00 km  
Nordic Walking

Category:  
Nordic Walking männlich

Total time: 1:58:28

Speed: 7.09 km/h  
Running performance: 8:28 min/km

Rank in course/Total: 1 (of 13)

Rank in course/Men: 1 (of 3)

Best time in course: 1:58:28

Rank in category: 1(of 3)

Best time in the category: 1:58:28

Intermediate times

Stage score

Total ranking

| Control | Split | Split   | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|---------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
|         | km    | Time    | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| Posten  | 8.30  | 1:08:09 | 8:12   | 1    | -      | 1   | -      | 8.30  | 1:08:09 | 8:12   | 1    | -      | 1   | -      |
| Finish  | 5.70  | 50:19   | 8:49   | 2    | 0:18   | 2   | 0:18   | 14.00 | 1:58:28 | 8:27   | 1    | -      | 1   | -      |