



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Meyer, Stephan

Club: springe
Number: 308

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:51:07

Speed: 9.19 km/h
Running performance: 6:32 min/km

Rank in course/Total: 297 (of 467)

Rank in course/Men: 265 (of 387)

Best time in course: 1:40:22

Rank in category: 46(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:33	6:50	60	7:11	351	10:02	3.30	22:33	6:50	68	7:11	388	10:02
Schlüsie	3.10	22:12	7:09	44	6:18	261	9:08	6.40	44:45	6:59	68	13:17	388	19:09
Hermannsklippe	2.60	19:49	7:37	43	5:43	263	8:28	9.00	1:04:34	7:10	68	19:00	388	27:37
Brocken	3.10	30:56	9:58	40	8:51	214	13:09	12.10	1:35:30	7:53	68	27:51	388	40:46
Eiserner Handwe	3.60	21:50	6:03	54	7:15	301	9:30	15.70	1:57:20	7:28	68	34:14	388	50:15
Schlüsie	4.10	21:00	5:07	48	7:21	293	9:24	19.80	2:18:20	6:59	68	40:27	388	59:15
Loddenke	3.10	15:54	5:07	42	4:16	247	5:59	22.90	2:34:14	6:44	66	44:38	384	1:05:03
Ilseburg/Markt	3.30	16:53	5:06	36	3:57	215	6:05	26.20	2:51:07	6:31	46	48:19	265	1:10:45